

FACILITATOR: Hi! My name is _____ and I am here with the Child Safety Puppeteers Program. We travel to different schools to help teach children to be safe.

- Can you tell me some ways that you stay safe? (*kids answer*)

I brought along a friend today to help us learn about a special kind of safety we call "**Touching Safety**". Her name is Samantha.

(*wait, then call*) Samantha? Samantha... Hmm...that's not like her to be late (to kids) Can you help me call her? Samantha...

SAMANTHA: (from behind the stage) Hold on! I'm coming! I'm coming!
(enters) Whew! So sorry I'm late! Hi everyone!

FACILITATOR: Hi Samantha! You're never late! What happened?

SAMANTHA: Well, I got caught in traffic.

FACILITATOR: Traffic!? Here, in Grass Valley? (Nevada City/Penn Valley)

SAMANTHA: No, of course not -- in the jungle ---where there are *always* traffic problems!

FACILITATOR: I didn't know there were **ever** traffic problems in the jungle? Sam, are you sure?

SAMANTHA: Yes I am! Today it was because the aardvarks and the armadillos had an argument.

FACILITATOR: They did?

SAMANTHA: Yes! Right under my house and they were yelling, kicking and biting! It was terrible! I didn't feel safe at all!

FACILITATOR: Well it's a good thing you're a monkey...You can just jump up and swing through the trees!

SAMANTHA: But I couldn't! The leopards were chasing the lemurs up there!

FACILITATOR: Nooo! Up in the trees?

SAMANTHA: Yes, they started out playing **leap Panda Bear**. But the leopards got jealous because the lemurs could jump higher. So they all got mad and started chasing each other. It was a dangerous situation!

FACILITATOR: Wow! I had no idea! I'm so glad you got here okay.

SAMANTHA: Yeah, and I'm glad we're talking about Touching Safety today. Hey, can I borrow that stoplight down there? We could sure use it in my neighborhood!

FACILITATOR: Sure Samantha, but first let's tell our friends about it.

If you're driving in a car with your mom or dad and you come to a green light, what do you do? (Go.)

Of course, and what kind of face is under this light? (Monkey face/ Happy face)

SAMANTHA: Yes! When we talk about Touching Safety, we say that a touch that makes you feel happy and safe, and that you want to keep going, is a Green Light Touch!

FACILITATOR: (**point to picture**) Raise your hand if you can tell me what's happening in the picture. (**boy and dad are hugging**)

- Does it look like the boy likes this touch? How about his dad? So both people are happy? Then we call that a Green Light Touch!
- What are some ways children at _____ School give each other Green Light Touches? (**hold hands, pats on back, high fives, etc.**) Samantha I know you have a special green light touch that you like what is it ??

SAMANTHA: (**after 3 or 4 answers from the kids**) I like it when my mom scratches my back..... _____, would you please scratch my back? Pretty please?

FACILITATOR: Sure, Sam.

SAMANTHA: OOOOH yeah! Right there!! AAAAH !!!! Thanks!

FACILITATOR: Is this a Green Light Touch? (*yes*)

SAMANTHA: Thanks, _____. Green light touches feel good. Now let's talk about the yellow light!!

FACILITATOR: (**points to the yellow light**) When you come to a yellow light what are you supposed to do? (**slow down**)

What kind of face is under this light? (**confused, not sure**)

Raise your hand if you can tell me what's happening in the picture. (**The boy is hugging his sister, but he's holding her neck too tight on accident.**) Do you think he's doing it on purpose? (**no**) He did it on accident.

But I don't think she likes it, do you?

So Samantha what's happening in this picture ????

SAMANTHA: She's getting a yellow light touch! Yellow light touches are touches that you don't like or want, even if they are meant to be nice. Yellow light touches happen on accident and you use your words to help solve the problem.

FACILITATOR : That's right And if you get a yellow light touch you are going to use your words to help solve the problem. So if the little sister could talk, what might she say to her big brother (**Please stop you're choking me !!!**)

FACILITATOR: Here's an example. Let's say my Aunt Mary is coming to visit. I haven't seen her in a long time and I'm feeling excited but at the same time a little shy. I invited her over for dinner, and I am in the kitchen getting ready when the door bell rings I go to the door and answer it and my Aunt Mary is there..... She says, "Come here and give me a big hug." But I don't want to., I'm feeling a little shy. That would be a yellow light touch, because it's probably a safe touch, but I just don't want it. What could I say to her, Samantha?

SAMANTHA: Well, I would say, "How about a high-five instead?" It's OK to say "No" to touches you don't want, even if they are meant to be nice.

FACILITATOR : Let's pretend that your babysitter or neighbor or grandpa wants you to sit on their lap, but you don't want to..... What could you say? (No thank you I don't want to)

Good job !!!!! Samantha what are some other yellow light touches?

SAMANTHA: Well, when my **BIG MONKEY DADDY** tickles me sometimes, I like it - at first. But then, my stomach starts to hurt and I wish the tickling would stop.

FACILITATOR: So that's a touch that you like at first, but then you change your mind about it.

SAMANTHA: Yes! A yellow light touch can start out feeling fun and end up feeling bad. Like when my cousin and I wrestle, at first we laugh but then we get rough and end up feeling mad!

FACILITATOR: (to class) Raise your hand if you've ever gotten a yellow light touch like tickling or wrestling. How do you stop a touch like that? (Use your words and tell that person how you are feeling)

So, is it OK for a kid to say no or stop, even to a grown up? **Yes!** Because your body belongs to **YOU!!** And that means you get to decide who touches you.

SAMANTHA: Hey, I know! Let's watch a puppet show about yellow light touching!

FACILITATOR: Thanks, Sam! Can you tell your puppet friends to get ready?

AUNT PAULINE PUPPET SHOW

Aunt Pauline -----PANDA WITH FLOWER
Lucy ----- PANDA WITH BOW
Mom--PANDA WITH NECKLACE

FACILITATOR: Okay! In this play we have Lucy --- -

Lucy: Hi!

FACILITATOR: Lucy's Mom -

Mom : Hello!

FACILITATOR: And Lucy's Aunt Pauline.

Aunt Pauline : How do you do?

(Puppets exit)

FACILITATOR: Let's watch and see what happens.

(MOM and LUCY enter)

Mom: Lucy, is your room picked up? Your Aunt Pauline will be here any minute!

Lucy : Yes, Mom.

Mom : Now I'm going to go finish making dinner...Keep your room neat!
(Mom exits)

Lucy: (Very excitedly...talks to audience) I can't **WAIT** for Aunt Pauline to come. She's my **FAVORITE AUNTIE!** She reads ALL the Magic Tree House books to me. She teaches me how to play marbles, and she even takes me to McDonalds! There's just one problem.....(**hesitantly**) Every time Aunt Pauline comes to visit.....she hugs me sooo hard and long, I can't even breath I really love it when she comes I just wish she didn't squeeze me like that OH !! She's here !!! Aunt Pauline Hi !!!!!

(Aunt PAULINE enters)

Aunt Pauline: Lucy ! Oh my goodness, it's so **WONDERFUL** to see you!
Come here, sweetie-pie!!

(Aunt PAULINE hugs LUCY, hard and long.... DRAG IT OUT!!)

Aunt Pauline: **(while hugging)** Mmm...Mmm....Mmm...How....are...you...!

Lucy : **(Aunt Pauline lets go - gasp and breathe)**

Aunt Pauline: I'll go put my suitcase in the guest room... Then, I'll teach you a new card game! **(exit)**

Lucy : **(turns to audience with a big sigh)**

Mom : **(enters)** Hey, Honey, why do you look so sad?

Lucy : Mom, I love it when Aunt Pauline visits, but..... well, she's kind of rough at first! She hugs me so hard that it scares me!...What should I do?

Mom : Well, Lucy, sometimes it's really hard to tell a grownup that you don't like a certain touch...But guess what?

Lucy : What?

Mom: Your body belongs to you! And you get to decide who touches you....I think you should tell Aunt Pauline how you feel. How about if I stand right here with you when you talk to her?

Lucy : You don't think it will hurt her feelings?

Mom : I think it would make her very sad if she was hurting or scaring you by accident and you didn't tell her.

Lucy : Okay, Mom. (Mom stays onstage)

Aunt Pauline: (enters) Who's ready to learn how to play Crazy Eights?

Lucy: Ummm....Aunt PAULINE ???

Aunt Pauline: Yes, Lucy?

Lucy: I need to talk to you.....

Aunt Pauline: Sure honey!

Lucy: Ummmm....

Mom : Go ahead, Lucy .

Lucy : Aunt Pauline.....I don't like it when you hug and squeeze me really hard. It makes me feel like I can't breathe.

Aunt Pauline : Why mercy me, Lucy , I had no idea! Good heavens! The last thing in the world I want to do is to hurt you! You know I just love you so much! My! You were brave to tell me how you were feeling. Thank you honey- bunch! Come give me a nice, gentle little huggie!

(Lucy and Aunt Pauline hug)

Aunt Pauline : Is that better!?

Lucy : Yes! I love you, Aunt Pauline

---PLAY ENDS---

FACILITATOR: How does LUCY feel now? (good) Does her aunt still love her? (of course)

Is it really OK to tell a grownup that you don't like a certain touch? **YES!**
Because your body belongs to... **(with class) YOU!** And you're in charge
of who touches you!

(Samantha enters)

Hi Samantha!

SAMANTHA: Hi! Lucy was brave to stand up for herself! Not even a person who *loves* you should keep touching you in a way you don't like. And if you can be brave about saying "No" to Yellow Light Touches, then you can be brave about saying "No" to Red Light Touches!

FACILITATOR: Right, Sam! When you come to a red light in your car, what do you do? **(stop)**
Of course, and what kind of face is under this light **(sad, mad or scared)**

What is happening in the picture? **(bullying, hitting)** And how do you think this boy is feeling? **(scared, mad)**

FACILITATOR : Samantha tell us again about the Red Light touch ?

SAMANTHA: So a Red Light Touch is a touch that makes you feel sad or mad or scared and you want it to stop!

FACILITATOR: Red Light Touches are not safe, are they? Red light touches are done on purpose and they are meant to hurt you. What kind of touches would be Red Light Touches? **(kicking, biting, slapping, etc.)**

Samantha, what should we do when we get a Red Light Touch?

SAMANTHA: Say **NO**, **GO** and **TELL**. First, you say "No", or words that mean "No". Second, you **GO**, you get away from the person, and, third, you **TELL** a grown up that can help you.

FACILITATOR: So let's say a boy named Kevin and a girl named Tonya are playing tag at recess. Tonya is "it". Tonya chases Kevin and grabs him by the arm so hard that it hurts. "I got you," she says.

Is that a Red Light Touch? **(yes)**

Is it OK for Tonya to grab Kevin like that? **(no)**

What are some things Kevin could say to Tonya? (that hurt, you're not supposed to grab like that, don't do that)

What can Kevin do if Tonya does it again? (leave the game, tell a grown up)

SAMANTHA: Kevin would be using "Say **NO, Go and Tell!**"! Hey, I've got an idea. Let's watch a puppet show about a red light touch, want to?

FACILITATOR: Sounds good, Sam. This puppet show has someone who is behaving like a bully. Who can tell me what a bully is? Are bullies always boys? Let's watch.

BULLY PUPPET SHOW

.LOUIE ----- White Llama
CLARENCE ---- Brown and White Cow
MARGARET -----Gray Mule

FACILITATOR: This is Louie and he's acting like a bully today,

LOUIE: Hi, how's it goin'?

FACILITATOR: And Clarence, is his classmate,

Clarence: Hi everyone!

FACILITATOR: And Margaret, is Clarence's friend.

Margaret: Hi class!

(Puppets exit)

FACILITATOR: Clarence is walking to school....let's watch.

(Clarence enters, timidly, head down)

LOUIE: (in a mean voice) Hey Clarence! Clarence, the **BIG CLUTZY COW !!!!** Come over here!

Clarence : (shyly) Louie ...please leave me alone.

LOUIE: You got any money today? I know you do!

Clarence : (scared, reluctant) A little, but it's for my lunch.

LOUIE: Boo Hoo! Hand it over already! Or I'll beat you up! (**Louie shoves Clarence**)

Clarence : Okay. Okay. Here. (**He starts to cry**)

LOUIE: Thank you, **Big Fat Pill** (**exit**)

(**Clarence** starts, crying)

Margaret : (**enters**) Hey, Clarence , what's wrong? Why are you crying?

Clarence : Louie just took my lunch money - again!

Margaret : What do you mean... he took your lunch

money!

Clarence : He stops me almost every day on the way to school and makes me give him my money!

Margaret: Have you ever told anyone about it?

Clarence : Yes, I told my parents...they told me to ignore him and just stay away from him..... but he finds me when I'm on my way to school!

Margaret : It doesn't sound like ignoring him is working! Louie's acting like a **BIG BULLY**. My Mom says sometimes you have to stand up for yourself and say "**NO**".

Clarence : But I'm really **SCARED** of him! What if he beats me up?

Margaret: Why don't I walk to school with you tomorrow, Okay?

Clarence : OK Margaret. Thank you. **(exit)**

FACILITATOR: The next day....

(Clarence and Margaret enter, walking)

LOUIE: **(enters)** Hey Clarence, **The BIG CLUTZY COW** , come over here!

Clarence : What do you want, Louie ?

LOUIE: I want your lunch money, so gimme it!!

Margaret : **(strong, but not mean)** Hey Louie , back off!!

LOUIE: **(sarcastically)** Ooooooh... Margaretyou're so scary!

Clarence : **(strong, but not mean)** Louie , **STOP IT**. Leave us alone! My lunch money belongs to me and I'm not going to give it to you any more!

Margaret : If you bother Clarence again, we're both going to go tell the principal... Come on Clarence , let's go to school! **(exit)**

LOUIE: Oh, whatever. I'm outa' here!

---PLAY ENDS---

FACILITATOR:

- **So what did Clarence do to help himself?** He stood up for himself, used a strong voice, and got a friend to help.

- **Did Margaret do a good job helping?** She stood up for Clarence and helped him feel strong.
- **Could Clarence and Margaret find more help at school?** There are a lot of grown ups at school who you can trust to help with problems like that. Can you point to one in this room? **(point at teacher)**

(Samantha enters)

SAMANTHA: And boys and girls, if you tell a grown up but they don't help, you just tell another grown up and keep on telling until someone helps you!

FACILITATOR: Thank you Samantha. We have one more kind of touching to talk about today and that is **PRIVATE PARTS TOUCHING**. Now, do we usually talk about private parts at school?

No! But today, we'll talk about it so that you can keep your whole body safe.

SAMANTHA: Your private parts are the parts of your body covered by your bathing suit.

FACILITATOR: That's right and this is the most important thing we will tell you today! It's called **The Touching Rule**. Here it is.....

No one bigger than you, or older than you, or even the same size as you should touch you on your private parts, except to keep you clean and healthy.

And no one should ask you to touch them on their private parts, for any reason.

If someone does, they are breaking the **Touching Rule**. What kind of touch do you think that would be? **(a red light touch)**

How do you stop a Red Light Touch? **(Say No, Go and Tell)**

What if it's your babysitter or your neighbor that tries to give you a Red Light Touch like that ? What should you say? Then what should you do? **(No, Go and Tell)**

What if it's an uncle or brother or cousin? What should you say/do? (You should say..... No, Go and Tell)

What if the person tells you to keep it a secret? (You should tell someone.)
Yes! That would **not** be a safe secret.

SAMANTHA: Wait! Sometimes it's okay for a grownup to touch a child on his private parts. The reason it's okay is to keep the child "**CLEAN AND HEALTHY**".

FACILITATOR: That's right, Samantha. That's part of the **Touching Rule**. "**CLEAN and HEALTHY**". What does that mean?

SAMANTHA: Well, one day I woke up and I felt AWFUL! I was SICK. So my Mom took me to the doctor. And, well, the doctor gave me a shot in my BEHIND!! (lean over and show behind to the audience) OWIE! It hurt and I felt embarrassed because he had to touch my bottom! But my mom said I needed it to get healthy.

FACILITATOR: So a doctor or nurse can touch your private parts to keep you healthy.

SAMANTHA: And one time my Dad and I went to the river with my baby cousin. And guess what? My baby cousin pooped in his diaper! Oh, YUCK! So my Dad cleaned him all up because my cousin was too little to clean himself. So that's another time when an adult has to touch a child's private parts..... to keep him clean.

FACILITATOR: Another good example, Samantha! So the only time an adult has the right to touch a child's private parts is to keep him or her clean and healthy.

And if someone tells you to keep a secret about a red light touch, don't do it.
Tell an adult you trust!

Well, I think it's time to sing our song, "**MY BODY IS MY OWN**". Can you sing with us? Are there any puppets who would like to help us sing?

SING SONG SLOWLY
(Sing to the song Farmer in the Dell)

MY BODY IS MY OWN

My body is my own
My body is my own
I'm old enough to know this stuff
My body is my own.

I like a green light touch
I like it very much
It's safe and free for you and me
I like a green light touch

My body is my own
My body is my own
I'm old enough to know this stuff
My body is my own.

A red light touch is bad
It makes me scared and mad !
It isn't OK to touch me that way
A red light touch is bad

My body is my own
My body is my own
I'm old enough to know this stuff
My body is my own

Yellow means slow down
My smile turns to a frown
It started fun, but now I'm done
Yellow means slow down

My body is my own
My body is my own
I'm old enough to know this stuff
My body is my own

FACILITATOR: Great singing! Now I have one more question to ask you, do you think the puppets talked all by themselves? Will our volunteers from _____ High School please stand up, introduce yourselves, and tell us what puppets you played? **(students introduce themselves)** Let's clap for our puppeteers!

Thank you so much for having us in your classroom. I am going to be right over here if anyone has any more questions or wants to talk to me. If you want to meet the puppets, raise your hand so your teacher can call on you!