

## Kindergarten

1.

**FACILITATOR:** Hello, my name is \_\_\_\_\_ and I'm here with the Child Safety Puppeteers. We go to a lot of different schools and help children learn about being safe.

I know that you are learning about safety everyday at home and at school. Can you tell me some safety rules that you follow to stay safe? (kids respond)

Today I brought a friend who is also smart about safety, and her name is Samantha. Can you call her name and see if she comes out? (kids call - "Samantha"...)

**SAMANTHA (enter):** Hi everyone! (**wave**) It's nice to see you! I'm glad you're getting smart about safety! Have you ever heard of "**personal safety**"? **Personal safety** is being safe with other persons.

**FACILITATOR:** Samantha, what's a good rule to follow to stay safe with other people?

**SAMANTHA:** Ohhh! I know a **good** one!!! It's the "**Always Ask First Rule**"! Here's the rule: "If someone asks you to go somewhere with him or her, **always ask** your mom or dad, or the person in charge **first**." Hey, we have a puppet show about it. Do you want to see it? I'll go tell my puppet friends to get ready. (**exit**)

### ALWAYS ASK FIRST

**PAPPA BUNNY** ----- tan and white bunny

**VIOLA** -----small gray bunny with bow

**SEBASTIAN** -----small gray bunny with hat

**SPIKEY** -----porcupine

**MR. FOX** -----fox

**FACILITATOR:** Once upon a time there were 2 little rabbits. They lived with their mother and father in a safe and snug burrow in the ground ... under an oak tree. One day Papa Bunny said to his children...

(**enter Papa Bunny, Viola, Sebastian**)

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**PAPA BUNNY:** Viola and Sebastian! You have grown so much! You are old enough now to go outside to play in the field by yourselves. But remember the safety rules! Don't leave the field without asking me first!

**(Viola, Sebastian hop excitedly)**

**VIOLA:** We won't forget, Papa! We always ask first! See you later!

**SEBASTIAN:** Hooray! Come on, Viola, let's play tag!!

**(bunnies chase each other and hop)**

**SPIKEY: (enter)** Hi guys!

**VIOLA:** Oh, hi Spikey! We've come out to play today!

**SPIKEY:** Yes I see! Do you want to come and play at my house? I have a lot of tunnels to explore!

**SEBASTIAN:** Sure, let's go!!

**VIOLA:** Wait a minute! Aren't we supposed to ask first?

**SEBASTIAN:** Oh no...it's alright! It's just our friend, Spikey.

**VIOLA:** Yeah, but Dad said not to leave the field unless we asked first.

**SEBASTIAN: (sighs)** Okaaay... We'll be right back, Spikey. Dad...? Can we go to Spikey's house?

**PAPA BUNNY: (from off stage)** Yes, you can. Thanks for remembering to ask me first!

**(all exit.)**

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**FACILITATOR:** The bunnies had fun in Spikey's burrow. They explored all of his underground tunnels and checked out his bug collection. When they were finished, they came back up to the field.

**(enter Viola and Sebastian)**

**SEBASTIAN:** Wow, I wish we had tunnels like that in our burrow. Think of the forts we could make!

**(enter Fox)**

**MR. FOX:** Well... helloooo little bunnies. Lovely day, isn't it?

**SEBASTIAN:** Why yes it is. And this is our first day ever out in the field by ourselves! Isn't that exciting?!

**MR. FOX:** Verrrry exciting. Allow me to introduce myself. My name is Mr. Fox.

**VIOLA:** It's nice to meet you, Mr. Fox. Where do YOU live?

**MR. FOX:** Why... just over the hill there... in a giant garden, full of carrots and lettuce...and parsley! ...Whatever will I do with all that tasty parsley!

**SEBASTIAN:** **(in wonderment)** Carrots?... Lettuce?... Parsley!... Ooohhh!

**MR. FOX:** **(slyly)** I don't suppose you bunnies would want to take a hop through it. It's almost lunchtime, you know...

**SEBASTIAN:** **(dreamily)** Oh, I loooove parsley....Let's go, Viola! Woohoo!

**VIOLA:** OK! But first we have to ask our dad.

**MR FOX:** . Oh noooo, I have a better idea. Gather all the parsley you can carry and bring it home as a present. Wouldn't your mother and father be proud of you?

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**SEBASTIAN:** Oooh yes!... I like that idea! (jumps excitedly)

**VIOLA:** (hesitates) I don't know, Sebastian... I think maybe we should ask first. (calls) Papa .....

**PAPA BUNNY :** (offstage ) Yes, Viola

**VIOLA :** Sebastain wants to .....

**SEBASTIAN:** ( shake whole body ) Shhhhhh!!!!

**VIOLA :** Sebastian wants to go to .....

**MR. FOX:** ( shakes whole body) Shhhhhhhh !!!

**VIOLA :** Sabastain wants to go to Mr. Fox's garden

**PAPA BUNNY :** Mr. Fox's garden ! Stay right there. I'm coming up !!!

**MR. FOX :** Your dad's coming !! Time for me to go !!!! (exits)

**SEBASTIAN :** Hey Mr. Fox ! Come back ! Come back ! What about our parsley ?

**PAPA BUNNY :** (enters, looking around)

**SEBASTIAN:** Ahh Viola ! You just ruined everything !!! Papa, I was going to get you a surprise.

**PAPA BUNNY :** A surprise ! Sebastian , if you had gone with Mr. Fox you would have gotten a surprise !!!

**SEBASTIAN :** Me ? Why would I get a surprise ?

**PAPA BUNNY :** Because Mr. Fox was trying to trick you. He has no garden at all, only a burrow of his own where he would have made his favorite food for lunch ..... a big pot of rabbit stew !!

**SEBASTIAN :** Rabbit stew !!!!!

**PAPA BUNNY** : That's right, son. Now come on, let's go home. Your mother made peanut butter and parsnip sandwiches for lunch, with parsley for desert !!

(exit all )

**FACILITATOR**: How did Mr. Fox try to trick those little bunnies? (by saying he had a garden)

Did Sebastian and Viola know that Mr. Fox was not safe? (no)

Did their daddy know that Mr. Fox was not safe? (yes)

If they had asked their dad first if they could go, what would he have said? (no)

**(enter Samantha)**

Hi Samantha! I have a question for you. If you were playing outside and your neighbor said, "Samantha, come with me into my house to play." What would you say to your neighbor?

**SAMANTHA** : I would say, "First, I have to ask my Big Monkey Daddy."

**FACILITATOR**: You would be remembering "**The Always Ask First Rule**".

Boys and girls, let's pretend you were playing outside and a man you know said, "Would you like to come into my house and watch TV?" What would you remember to say? (I have to ask my mom/dad/babysitter first.)

Good! What if your uncle drove up to your house in a new car and said, "Climb in! Let's go for a ride!" What would you remember to say? (ask first)

What if someone said, "Come help me find my puppy! He's lost!" What would you say (I have to ask my mom/grandma/sitter first.)

**SAMANTHA**: Hey, what if someone wants to **GIVE** you something ? Like if your friend's sister wants to give you a toy to keep, you should follow the "**Always Ask First Rule**" and say "I have to ask my mom or dad first"

**FACILITATOR:** Good thinking, Sam. Let's pretend your neighbor wants to give you some cookies. What should you say? (I have to ask my mom/grandma/sitter first.) And if it's safe, your mom might say yes!

Let's pretend someone you don't know wants to give you ten dollars. What would you say? (I have to ask my mom/dad/babysitter first.) Yes, because your mom or dad need to know if the person is safe.

Samantha, I bet you know some **more** good safety rules.

**SAMANTHA:** I know about a million! But I have to do my monkey stretches right now. Do you kids want to do some monkey stretches with me? (yes)

**FACILITATOR:** OK, everyone stand up! (**pause**) .....Ready?

**SAMANTHA:** Reach to the trees .....  
Then down to the ground .....  
Jump like a monkey, up and down,  
Shake your head yes..... Shake your head no.  
Bend your knees .....  
And sit down REAL slow.

**FACILITATOR:** Thank you Samantha.

**SAMANTHA:** Hey the other safety rule everyone should know about is the **Touching Rule**. It's another way to help us stay safe.

**FACILITATOR:** Yes, the **Touching Rule**! I wonder if our friend, Jeffie, could tell us about it. He just learned it and in his Kindergarten too. Samantha, could you please go get him?

**SAMANTHA:** Sure I will.  
(enter Jeffie)

JEFFIE LEARNS THE TOUCHING  
RULE

**JEFFIE**-----small sheepdog w/ fire hat

**MOM**-----big sheepdog

**GRANDMA**-----brown dog with glasses  
& hat

**DAVID**-----black and white dog

**JEFFIE:** (*speak slowly*) Hi everyone! My name's Jeffie. See my new fire hat? I got it when I visited the fire station. I'm good at remembering rules about safety. Sometimes I think I'll be a fireman when I grow up.

**FACILITATOR:** Hi Jeffie, can you tell us about the Touching Rule?

**JEFFIE:** Sure I can. At school, I learned about it. First, our teacher talked to us about private body parts. She said our private body parts are the parts that are covered by our bathing suits. Some of the kids laughed. But we all have private parts. Just like we all have hands and knees.

Then the teacher told us the **Touching Rule**. She said "No one should touch our private body parts except to keep us clean and healthy."

If someone tries to break the **Touching Rule**, we should follow the Safety Steps. We should say **NO**, then we should **GO** and **TELL** a grown up. And we should never keep secrets about touching."

When I got home from school, I thought about the **Touching Rule** and I wasn't sure I really knew what it meant.

Mom...?

**MOM:** (*enters*) Yes, Jeffie?

**JEFFIE:** (turn towards mom) Mom, do you know what it means to be clean and healthy?

**MOM:** Sure, we wash our hands before dinner to keep clean and healthy. Now, I have to change the baby's diaper. Would you like to help?

**JEFFIE:** (to class) While I was watching, I thought, "Mom's washing the baby's bottom. That's a private body part. Is it OK? Yes, Mom's touching the baby's bottom to keep her clean." (turn to Mom) Mom, when you touch the baby's bottom, you do it to keep her clean. It's part of the clean and healthy rule.

**MOM:** (turn to Jeffie) That's right, Jeffie. That's one of the times when it's O.K. for an adult to touch a child's private parts. Babies and children need help in keeping clean.

**JEFFIE:** (to class) After that, I felt better about the **Touching Rule**, but I still wasn't sure about the healthy part.

**MOM:** Jeffie, today we're going to the doctor to get your shot.

**JEFFIE:** Oh no, I hate shots, especially on my bottom!

**MOM:** I know, but Dr., Carter gives you shots to keep you healthy.

**JEFFIE:** But he's going to touch my bottom. And he's bigger than me. And it's going to hurt. But you'll be with me, right Mom? Dr. Carter is doing it to keep me healthy. That's the healthy part of the **Touching Rule**.

**MOM:** That's right, Jeffie.

**(Mom exits, Grandma enters)**

**JEFFIE:** That night, Grandma was watching us because Mom had a meeting. I thought I'd tell her about the **Touching Rule**, but I forgot all about it until bath time.



**GRANDMA:** Now don't splash too much, Jeffie. When I'm finished with the baby, I'll wash you.

**JEFFIE:** Hey Grandma, you don't have to wash me. I'm a big boy now.

**GRANDMA:** But I've always given you a bath

**JEFFIE:** I know. It's OK, Grandma. You did it to keep me clean and healthy. I learned at school that a bigger person should never touch our private body parts, except to keep us clean and healthy. And secrets about touching are not OK! That's called the **Touching Rule**.

**GRANDMA:** I'm proud of you, Jeffie. It is an important rule to remember.

**(Grandma exits)**

**JEFFIE:** You know how I said I was pretty good at remembering stuff? Let me tell you about the very next weekend.

**(Mom enters)**

**MOM:** Jeffie, David is your babysitter tonight. Be sure and help him out.

**(David enters)**

**JEFFIE: (to class)** David was my favorite babysitter. He just got a new motorcycle. Sometimes I think I'll be a motorcycle racer when I grow up. After David put the baby to bed, he let me watch TV for awhile. Then he said...

**DAVID:** Do you want to play a new game? It's a secret game. And if you promise not to tell, I'll give you a ride on my new motorcycle.

**JEFFIE:** I'm so excited! What's the game?!

**DAVID:** It's a touching game. It won't hurt at all and no one will know because it will be our special secret.

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**JEFFIE:** (to class) I started to feel kind of mixed up. I wanted a ride on his motorcycle, but why did he want to keep the game a secret? That gave me a funny feeling. So I said, "I have to ask my mom or dad first."

**DAVID:** No Jeffie. You can only ride my motorcycle if you don't tell. Don't tell your mom or dad, or anybody.

**JEFFIE:** (to class) I didn't like keeping a secret from my mom and dad, and then I remembered that it's **not** OK to keep secrets about touching. So I said, (turn to David) "No I don't want to play that game with you."

**DAVID:** Come on Jeffie, don't be afraid. I'm your friend, alright?

**JEFFIE:** No, that doesn't sound like a safe game. I'm going to bed now.

(David exits)

**JEFFIE:** Later that night, when my mom came home, I was still awake.

(enter Mom)

**MOM:** Jeffie, you look worried. Are you OK?

**JEFFIE:** (turn to Mom) Mom, David is my friend and I don't want to get him in trouble, but he asked me to keep a secret and I don't think it was right.

**MOM:** Is it a good secret or a bad secret? How does it make you feel?

**JEFFIE:** It makes me feel scared. David asked me to play a touching game and then keep it a secret from you and dad. I remembered that it's not OK to keep secrets about touching, so I said I didn't want to play that game. Then I went to bed and waited for you.

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**MOM:** (hugs Jeffie) Jeffie, my brave boy! You were right to say no. No one should ask you to play a game and keep it a secret. You were right to tell me and I'm so glad you did. David won't be babysitting you again.

**JEFFIE:** (to class) I was sad about that part, but Mom said she thinks David has a touching problem and needs help. Dad said he was very proud of me for knowing the **Touching Rule**, and for remembering the Safety Steps: Say "**No**, **Go** and **Tell**". You know, I think every kid should learn about the **Touching Rule**. Sometimes I think I'll be a teacher when I grow up.

**(Mom and Jeffie exit)**

**(Samantha enters)**

**FACILITATOR:** Friends, was it Jeffie's fault that David wanted to play a secret touching game? (no)

No, no one should ask you to play a game or do something that you have to keep secret.

Samantha, if someone asks you to keep a secret from your mom or your dad or the person taking care of you, what should you do?

**SAMANTHA:** You should follow the Safety Steps, just like Jeffie did. First you say "**NO**", then you **GO** away from the person, then you **TELL** a grown-up right away. "Say "**NO**, **Go** and **Tell**"! And we have a song to help us remember those important words! Let's all sing it together!

**(enter, as many puppets as possible)**

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**SING SONG SLOWLY**

Say "No" Go and Tell  
Say "NO" Go and Tell  
Remember what Samantha says  
Say "NO" Go and Tell

Use your words to say  
If something's not OK  
Remember what Samantha says  
Say "NO" Go and Tell

Say "NO" Go and Tell  
Say "NO" Go and Tell  
Remember what Samantha says  
Say "NO" Go and Tell

**FACILITATOR:** We're glad we got to come and see you today. Thank you for being good thinkers and good listeners. I have one more question. Do you think these puppets talked all by themselves? Would you like to meet our helpers?

(Let puppeteers introduce themselves and tell kids which puppets they played)

**FACILITATOR :** If it is OK with your teacher you can come up and say hello to our puppeteers and hello to our puppets. Your teacher will tell you when it's your turn and I will be right here if you have any more questions.

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