



SAMANTHA ----- Monkey

RODNEY ----- Tiger

FACILITATOR: Good morning! My name is _____, and I'm here with the Child Safety Puppeteers. We go to schools and help kids learn about personal safety, or touching safety.

SAMANTHA: (enters excitedly) Yikes! _____ You won't believe what I just saw!

FACILITATOR: Hi Samantha. She's our safety expert. Hey, can it wait? We're just about to talk about personal safety here.

SAMANTHA: (waves to kids) Hi everybody. (to facilitator) No, it can't wait! It's about **MY personal safety!** I was nearly killed on the way here!

FACILITATOR: Whoa Sam! Are you alright----- what happened?

SAMANTHA: Well, I was driving my little monkey-mobile and I came to a big, busy street. The cars were going every which way, turning in front of each other, going the wrong direction, driving on the sidewalk!!!

FACILITATOR: Seriously? Well that sounds pretty chaotic. Traffic must have been all jammed up.

SAMANTHA: Chaotic! Jammed up! People were crashing into each other! There was yelling and screaming, and crunched up cars!

FACILITATOR: Did anyone get hurt?

SAMANTHA: Of course they got hurt! Someone even crashed into the ambulance!

FACILITATOR: Oh Samantha! That's awful! What do you think caused all that?

SAMANTHA: Maybe it was because there were no signs, or lines, or signals on that street, and nobody was following any traffic rules at all. It was a complete mess and there was a lot of damage... (thinking) Hey...

FACILITATOR: What...

SAMANTHA: Hey, hey, hey...

FACILITATOR: What, what, what...



SAMANTHA: Hey, hey, hey, hey, hey...

FACILITATOR: Samantha... What?

SAMANTHA: Signal lights tell us rules for driving. If people don't follow driving rules, there's a lot of chaos and people get hurt!

FACILITATOR: That's right Samantha.

SAMANTHA: And if people don't follow rules for touching, there's a lot of chaos, and people get hurt.... No wonder we have that signal!!

FACILITATOR: You're right Samantha! **(to kids)** So this year I brought a stop light to share with you instead of the stop light with pictures of Samantha, so let's review what you learned in first and second grade about green yellow and red light touches.

So let's look at the green light with the smile remember what we said about a green light touch ??? A green light touch is a touch that makes you feel safe and happy, and you want to keep going.

What are some examples of Green Light Touches? **(hugs, handshakes, high-fives)**

FACILITATOR: Now let's look at the yellow light. What kind of face is that? **(in between , not sure, confused)**

That's right and remember with a yellow light touch we say it is a touch that happens on **accident** but we really don't like it.

What should you do if you get a yellow light touch? (Use your words to tell that person how you are feeling and to help solve that problem)

So Samantha tell use again "What is a yellow light touch"

SAMANTHA: Yellow light touches are touches that you don't like or want, even if they are meant to be nice. Yellow light touches happen on accident, and you use your words to help solve the problem.



FACILITATOR: So class what are some examples of yellow light touches that you can think of or remember from last year ? (soccer kicks, hugs that are too hard, high fives that are too rough) What would you do to solve that problem ???? (tell the person how you are feeling

Samantha, what's another kind of yellow light touch?

SAMANTHA: Well, there are touches that start out fun but sometimes get rough, like tickling or wrestling.

FACILITATOR: You mean touches that you like at first, but then you change your mind about them.

SAMANTHA: Yes! Those are yellow light touches! I have this friend named Rodney who keeps sneaking up behind me, and scaring me!! I used to laugh, but I'm tired of it. I wish he'd just stop.

(Rodney sneaks up behind Sam...Show just tops of ears...MAKE SURE kids can see you being sneaky!!)

FACILITATOR: Samantha, I just heard you say it's always OK to say "No" to touches you don't want.

SAMANTHA: Yeah, I know, but it's hard when it's a friend...

(Rodney jumps on Sam, yells "Gotcha!!")

SAMANTHA: (screams) AAAHHG! (laughs weakly) Oh, Hi, Rodney (sadly).

RODNEY: Hey - I heard you talking about saying "NO" to someone. So, who is it?

SAMANTHA: Well... the person I need to say "NO" to is a special friend and a nice guy and I don't want to hurt his feelings...



RODNEY: Well, Sam, you've got to be strong inside and stand up for yourself. Nobody should be touching you in ways you don't like! Let me at 'em!! I'll take care of him for you!

SAMANTHA: Well...

RODNEY: Don't be afraid, Sam. Who is it? I'll tear 'em up!

SAMANTHA: Ummm... the person is **you**, Rodney!

RODNEY: Huh?? MEEEE!!??

SAMANTHA: Yeah, I don't like the way you sneak up and jump on me. It scares me. Could you find a different way to say hello?

RODNEY: (sheepishly) Sure, I guess so! Hey, I know!! How about one of those cool handshakes? We could think of a real fancy one.

(Rodney and Sam work up a cool handshake together, use sound effects, have fun with it!)

FACILITATOR: Learning to stand up for yourself and say "No" to touches that you don't like is a very important way to keep yourself safe!

SAMANTHA: Hey, let's pretend you're at the movies with your older sister. Your sister gets up to get some popcorn and a man sitting behind you puts his hand on your hair and tells you your hair is beautiful.

FACILITATOR: How would that make you feel? (**scared, yucky, weird**) What could you say to that man? (**Stop please. Don't touch me.**) Then what could you do to stay safe? (**move to different seats, tell someone who works at the theater, go get your sister**)

So first, you would say **No** or **Stop**, second, you would **move away**, and third, you would **tell someone**.



RODNEY: How about this? Let's pretend that a neighbor offers you an expensive present, like an Xbox 360. He says that you can come to his house and play it anytime, but you don't need to tell your parents about it.

FACILITATOR: How would you feel? (confused, excited, scared) What could you say to the neighbor? (My parents wouldn't like that. That would be lying. No thanks.) What should you do next? (go tell a parent, go home)

If someone tells you **NOT** to tell your parents about something, is that a clue? What should you do? (tell your parents) That person is trying to trick you into doing something bad.

How about this? Someone asks if you want to see some pictures on the Internet, but says not to tell anyone. What should you say? What should you do? (say NO and tell your parents)

SAMANTHA: Speaking of saying **NO**, we should talk about a RED Light Touch!

FACILITATOR: Who can tell me what a Red Light Touch is?

Check out the face on the red light. If someone had a face like that do you think that they are happy about the kind of touch that they are getting ??? (**NO**)

That would probably be a "Red Light Touch"

And how do you stop a Red Light touch? (say no, stop, I don't like that, etc. Then walk away and tell someone)

RODNEY: At my school there's a kid who hurts people over and over. And guess what? She's a girl! She gives Red Light Touches all the time, even when we ask her to stop!

SAMANTHA: Rodney, that sounds like bullying! And we have a puppet show about it! Let's watch.

(Samantha and Rodney exit)



FACILITATOR: This is a puppet show about standing up and saying **NO** to bullying. Jordan and Ollie are enjoying a fun day at the Nevada County Fair. Let's watch and see what happens...

---BULLYING---

JordanPlain Goat

OllieLamb with scarf

Sophie Lamb with hat

(Claire and Ollie enter)

Ollie: I'm sooooo excited to be at the fair !!!!!

Jordan : Me too!! Wow The line is really long for this ride will you save me a place in line while I go get some cotton candy ?

Ollie: Sure I will

Jordan exits

Ollie: Oh I'm so excited This is my favorite ride !!!! Boy this line is sure moving slow. I hope Jordan comes back soon, I'm sure getting nervous waiting all by myself !!!

Sophie walks up to Ollie

Sophie:(sarcastically) Hey Ollie Thanks for saving my spot in line !!! (**shoves Ollie**) The baby rides are over there !!!!

Ollie: Owww, that's not nice I've been waiting in line for a long time, and this is my favorite ride !!

Sophie: Boo Hoo big deal..... I'm going to take your turn. **GET LOST** (**Sophie gets on the ride and exits**) (Ollie is crying)

Jordan walks up to Ollie



Jordan: What happened Ollie? Did Sophie just take your spot in line ??

Ollie: (still crying) Yes and it's my favorite ride and I've been waiting for **TEN** minutes !!!

Jordan: Sophie did that to me too !!!! I was too afraid to stand up to her by myself , but what if we do it together?

Ollie: Yeah, that sounds great Let's go. (**Walk along together**)

Jordan: Look there's the line, shall we get in line together ?

Ollie: Yes, that sounds like a great idea !!!

Jordan and Ollie get in line together for the ride.

Jordan: Boy I sure love this ride !!

Ollie: Me too !!! I hope we actually get to ride this time.

Jordan: You know Ollie I think we need a plan incase Sophie comes back.

Ollie: Ya I know Sophie is sooooo mean, but I really don't know what to do. I just keep thinking that if I ignore her she'll leave me alone.

Jordan: I don't think ignoring her is working. Sophie is bullying us and we need to stand up for ourselves !!!!

Ollie: Well yeah, but I don't know how !!!!!

Jordan: I know let's try this **Recognize** **Refuse** **Report**

Ollie: Huh ??????



Jordan: This is what we need to do **First** we need to let Sophie know that we don't like what she is doing and tell her "**That's bullying**" We don't like how you are treating us !!!!! That's the recognize part. Then we need to say ' **Please Stop** " That's the refuse part. And last if she doesn't listen to us we need to walk away and tell someone like the ride operator or our parents. That's the report part.

Ollie: That sounds like a great idea Jordan, but what if she calls us a **tattle-tale** ?

Jordan : So what we're not tattle-tales Ollie Remember what our teacher told us Tattling is just trying to get us in trouble **BUT** when you have a problem like we have we're not tattling we are reporting We are telling an adult to get help for ourselves.

Ollie: You're right Jordan and we need to remember to stand up straight and use a strong voice. If that doesn't work then we will just walk away and find an adult to tell.

Jordan: Great idea Ollie (In a whisper.....) Here she comes !!!!

Sophie walks up to Jordan and Ollie in line.

Sophie: Hey Ollie I thought I told you the baby rides are over there !!! (**Shoves Ollie**)

Jordan: Sophie you can't push Ollie around like that !!!

Sophie: Ooooooo Jordan you're soooooo scary !!!!

Ollie: Jordan is right !!!! We deserve to be on this ride because we waited and you can't bully us out of line this time !!!!

Jordan: And if you don't leave us alone, we're going to tell the ride operator.

Sophie: I was just kidding OK ?? Can I ride the ride with you ???

Ollie: No !!!!! We waited patiently in line and you bullied us so you don't deserve to ride the ride with us The end of the line is back there !!!!

Sophie huffs and exits

Ollie and Jordan high five and say together : Yay !!!!! We did it !!!

----- PLAY ENDS -----

Facilitator : Do you think that telling an adult makes a bullying problem better or worse ?? (Use a thumbs up for **Yes** a thumbs down for **No**) It almost always makes the problem better. If you have a problem with a bully, it is important to talk to an adult about it, and if that adult doesn't help, you tell another adult until someone does help you.

Rodney and Samantha enter

Facilitator: Another kind of touch we're going to talk about today is **Private Parts** touching

Rodney: Oh man !!!! I feel embarrassed to talk about private parts, especially here at school !!!

Facilitator: We don't usually talk about private parts at school do we ???

Rodney and Samantha both shake their heads Nooooo

But there are people who sometimes try to touch kids on their private parts, and you need to know what to do in case it happens to you.

So let's talk about the **Touching Rule.**

Here it is "No one bigger than you, older than you, or even the same size as you should look at or touch your private parts except to keep you clean and healthy. And no one should ask you to look or touch their private parts for any reason" And if

they do they are breaking the touching rule And what kind of touch is that (**Red Light Touch**)

And what do we do to stop any kind of Red Light Touch ??? **Say**..... **No** **Go**
Tell.

Rodney: Wait a minute. What do you mean "except to keep you clean and healthy" ?

Samantha: Well Rodney, when my baby cousin poops in his diaper, he's not old enough to clean himself, so his Mom has to touch him on his private parts to clean him up.

Facilitator: That's right Samantha. It's okay for a grown up to touch a child's private parts to keep him clean !!!

Samantha: And when I go to the doctor and get a shot in my behind, the doctor has to see my private parts.

Facilitator: That's right. We know that doctors or nurses sometimes have to see or touch you on your private parts to keep you healthy.

-----**Rodney and Samantha Exit** -----

Facilitator: So that's the only time an adult can touch a child's private parts, to keep you _____ and _____. (clean and healthy)

We have a story about some kids who were getting Red Light Touches from someone they knew and they had to get brave about telling. Here is the story

.....



-----**ROSY AND JACK**-----

ROSY..... dragon with bow on head

LOGAN..... Owl

JACK.....dragon with tie

MR. JAMISON Big dragon with long tail

FACILITATOR: This is the story of Rosy and Jack..... This is Rosy.

ROSY: (enter and stay) Hello.

FACILITATOR: And this is her younger brother, Jack.

JACK: (enter and stay) Hi there.

FACILITATOR: And this is their friend Logan.

LOGAN : (enter and stay) Good morning, boys and girls. It's nice to meet you.

FACILITATOR: There was a time, not long ago, that Rosy and Jack were scared. Someone they knew was breaking "The Touching Rule" and touching them in their private places, in places they did not want to be touched.

(Rosy and Jack hunch over and hide faces)

FACILITATOR: "Rosy and Jack," that person said to them, "this is our special secret, and you are not to tell anyone. Here..... take this candy because we are special friends. Remember don't tell your mom or dad. If you do, they will get very angry with you and punish you."

ROSY: That bad touching made us scared. We didn't know why he would do this to us. And keeping it a secret made it worse. After the touching, Jack would hide in the closet and cry.

JACK: Rosy would get mad and throw things. She got in trouble a lot. One time, she even hit someone at school. Mom couldn't understand what made her do something like that. But I think I understood.

ROSY: I didn't like telling on the person who made Jack and me keep bad secrets. I was afraid of getting in trouble, and I was afraid he might get in trouble too. Sometimes I liked him, but I never liked the touching.

LOGAN: One day, Rosy decided she had to tell someone.

ROSY: I could have told Mom, but what if she got angry?

JACK: She could have told Grandma. She could have told our neighbor. She could have told the doctor. **(exit)**

LOGAN: But Rosy decided to tell her teacher, Mr. Jamison. **(exit)**

(enter Mr. Jamison)

ROSY: Mr. Jamison, could I talk to you about something?

MR. JAMISON: Sure Rosy, what is it?

ROSY: I don't know if I should tell you.

MR. JAMISON: Well Rosy, you know I care about you. If something is bothering you, I will help you with it.

ROSY: Ummm...

MR. JAMISON: Yes Rosy?

ROSY: Mr. Jamison, I'm getting some bad touches from someone, some Red Light Touches and I don't know what to do. I want to tell my mom, but I'm scared.

MR. JAMISON: Oh Rosy, I'm glad you told me. You were brave to tell and it's a good thing you told. It's not your fault. I'm going to get you some help.

ROSY: You are?

MR. JAMISON: Yes, I am. I'm going to call a friend who can talk to you. **(exit)**

ROSY: My teacher listened to everything I said, and he believed me. He said I was brave to tell, that Jack and I should never have to keep bad secrets.



JACK: (**enter**) Rosy's teacher, Mr. Jamison, said that what happened was not our fault. He called a friend who helped us tell our mom.

ROSY: And guess what, Mom wasn't angry at all. She was sad that we'd been scared and upset, and she said it wasn't our fault.

JACK: Mostly, she said she loved us, and that she would make sure the bad touching stopped.

After awhile she took us to see a grown up named Logan.

(Logan enters)

LOGAN: Jack and Rosy, I know you have some bad feelings and worries. I want to help you with them.

ROSY: At first, I didn't want to talk to Logan, but after awhile I thought he was sort of nice.

JACK: I felt shy in front of him, but we played games and drew pictures until I felt OK.

LOGAN: I told Rosy and Jack that the bad touching that had happened to them was called "sexual abuse", and that it was wrong.

ROSY: Logan told us, "You should never have to do anything that hurts you or makes you feel scared."

LOGAN: The person who touched Rosy and Jack used his power, like a bully, to make them feel scared and unhappy. He was wrong to do it and wrong to make them keep bad secrets about it.

JACK: We learned a lot of things from Logan. We learned that all children have rights. We have the right to be safe!

ROSY: And we have the right to NOT have to keep bad secrets!

JACK: We have the right to tell an adult if we are scared.



ROSY: And we all have the right to say who can touch us. My body is my own and I'm in charge of it. I get to decide who touches me.

LOGAN: Rosy and Jack learned that they are in charge of their bodies and their bodies can tell them when they're feeling unsafe.

ROSY: When I feel scared and unsafe, I have butterflies in my stomach. My heart beats really fast and I feel hot. Sometimes my knees shake and I feel like I can't even move.

JACK: When I feel unsafe, I get goose bumps and sweaty palms and I feel like running away! Logan said we should listen to what our bodies tell us and get some help when we need it.

ROSY: One day, Logan helped us write down the names of the adults that help keep us safe.

JACK: We wrote down the names of adults we could talk to if we ever have secrets that make us feel bad.

ROSY: I wrote down my mom, my dad, my teacher, and Logan.

JACK: I wrote down my grandma, my doctor, the principal and my parents.

LOGAN: Back at home, the person who had sexually abused Rosy and Jack had been sent away. Now Rosy and Jack were safe anywhere around their house.

ROSY: I was safe in the garden and safe in the bath.

JACK: I was safe getting dressed and safe in bed at night.

ROSY: Sometimes, when I think about it, I still get angry. When that happens, I jump up and down really hard on the trampoline.

JACK: But now, if we ever feel scared or sad, we go talk to Mom or Dad. The only secret we have now is a *good* secret. Next week is Mom's birthday, and we got her the coolest thing! I can't wait to give it to her!!

ROSY: Thanks for listening to our story. Remember, no one should touch you in ways you don't like. If somebody does, tell an adult you trust!

LOGAN , **ROSY** , and **JACK**: (together) No more secrets!

(exit)

FACILITATOR: So if someone ever tried to give **you** a Red Light touch and you needed to tell someone, who would **you** talk to? It could be your parents, your grandparents, your neighbor or your teacher. Don't forget the trusted grown ups you know at school. Can you point to a grown up in this room who cares about you and would help you?

(enter Rodney and Samantha)

RODNEY: Hey, What if it's too late? What if someone already **HAS** a touching secret?

SAMANTHA: Rodney, it is **NEVER** too late to tell a grown up about it, even if the touching happened a long time ago. Remember, if you're keeping a secret that makes you feel bad inside, you need to tell someone!

(Samantha and Rodney come up with phone door hangers)

SAMANTHA: _____, here are some door hangers for the kids to write down the names and phone numbers of adults they could talk to about a red light touch.

FACILITATOR: Oh, thanks. Samantha and Rodney. Now class I know you got these cards in first and second grade, but sometimes students loose the cards or the information you want to put on these cards changes. Samantha and Rodney could you tell us about these door hangers?

SAMANTHA: On one side of the card there is a place for you to write the names and phone numbers of 4 adults you could talk to. They should be grown ups you trust who could help you if someone was hurting your body or touching your private parts.

RODNEY: On the bottom of the card, there is a special phone number for any child in the United States who is having a serious problem and can't think of anyone else to call and talk to. There is a trusted adult, like a teacher, who will answer the phone day or night and help you.

FACILITATOR: If your house is on fire, what number should you call? **(911)** If your dad falls and breaks his leg, what number should you call? **(911)**



The number on this card is for touching emergencies and you only need to use this number if your Mom and Dad aren't home, or none of the people that you have listed on this card aren't available or if it isn't a school day where you could talk to your teacher here at school

Do you have any questions about the card? Filling it out is a job you can do at home so I will give them to your teacher to put in your homework folder.

Let's sing our song together " **MY BODY IS MY OWN**" Puppets can you help us sing

Thank you for being good listeners and good thinkers. Would you like to meet our puppeteers from _____ High School. I know they would like to meet you. Would you stand up, introduce yourselves and tell us what puppets you played?

Let's clap for them!!!

I will be here for a few minutes if you have a question or want to talk to me about anything.

Thanks for having us in your class!

MY BODY IS MY OWN

**My body is my ow
My body is my own**

**I'm old enough to know this stuff
My body is my own**

**like a green light touch
it very much
safe and free for you and me
a green light touch**

**I
I like
It's
I like**

**My body is my own
My body is my own
I'm old enough to know my stuff
I like a green light touch**

**A red light touch is bad
It makes me scared and mad
It isn't OK to touch me that way
A red light touch is bad**

**My body is my own
My body is my own
I'm old enough to know this stuff
My body is my own**

**Yellow mean slow down
My smile turned to a frown
It started fun, but now I'm done
Yellow means slow down**

**My body is my own
My body is my own
I'm old enough to know this stuff
My body is my own**