

♥ Child Safety Puppeteers ♥

Child Abuse Prevention in Nevada County Schools

Dear Parents,

This week, the Child Safety Puppeteers online program was presented in your child's classroom. With the guidance of your child's teacher, they watched puppet shows teaching about the importance of "touching safety". To help reinforce the concepts presented by the Child Safety Puppeteers program, here is a review of the information we covered. You may wish to spend some time helping your child remember what he or she learned from "Safe Samantha" and her friends.

Types of touches - **RED, YELLOW and GREEN Light Touches**

- **Red Light Touch** - any touch that you want to STOP like hitting, pinching, kicking and private part touching.
- **Yellow Light Touch** - any touch that makes you uncomfortable like cheek-pinching, tickling, grabbing, etc. or any touch that is safe but unwanted.
- **Green Light Touch** - any touch that BOTH people like and want to repeat or continue, like pats on the back, hugging, high fives, etc.

The 3 R's of Bullying: **Recognize, Refuse, Report**. A "bystander" is someone who sees bullying. He/She can be part of the problem (by laughing or not saying anything) or part of the solution (by standing up for the victim, if it's safe to do so).

Difference between "tattling" and "reporting":

- **Tattling** is telling on someone to get them in trouble.
- **Reporting** is to get help for yourself.

"The Touching Rule": No one should touch a child's private parts except to keep him/her clean and healthy, and no one should a child to touch their private parts, for any reason.

The 3 Safety Steps if someone breaks **"The Touching Rule"**:

1. **Say "NO"**, or words that mean "no".
2. Get away, **GO** to a safe place.
3. **TELL** a trusted grown-up as soon as you can.

Each child was given a card on which to list the names and phone numbers of four trusted adults that could provide help if needed. You might help your child fill them out and encourage them to keep them in a safe and accessible place.

We hope this information will help keep all of our precious children safe and happy.



Child Safety Puppeteers
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