

♥ Child Safety Puppeteers ♥

Child Abuse Prevention in Nevada County Schools
A Program of Child Advocates of Nevada County

My Body Is My Own

SONG

(sung to the tune of "The Farmer in the Dell")

My body is my own.
My body is my own.
I'm old enough to know this stuff.
My body is my own.

I like a green light touch.
I like it very much!
It's safe and free for you and me.
I like a green light touch.

My body is my own.
My body is my own.
I'm old enough to know this stuff.
My body is my own.

A red light touch is bad.
It makes me scared and mad.
It isn't OK to touch me that way.
A red light touch is bad.

My body is my own.
My body is my own.
I'm old enough to know this stuff.
My body is my own.

Yellow means slow down.
My smile's turned to a frown.
It started fun, but now I'm done.
Yellow means slow down.

My body is my own.
My body is my own.
I'm old enough to know this stuff.
My body is my own.